WHERE ARE YOU HEADED?
WHAT WAS YOUR DREAM???

FAMOUS?

SCHOOL SECRETARY?

CELEBRITY?

TRAVELER?

FABULOUS?

WIFE & MOTHER?

MICROBIOLOGIST?

POLITICAL OFFICE?
POTHOLEZ IN THE JOURNEY

Everyday life ....

[Image of a pothole]
### COMMON POTHOLES...

<table>
<thead>
<tr>
<th>Stress</th>
<th>Weight Problems</th>
</tr>
</thead>
<tbody>
<tr>
<td>Work</td>
<td>Depression</td>
</tr>
<tr>
<td>Marriage</td>
<td>Financial Woes</td>
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<tr>
<td>Divorce</td>
<td>Getting Older</td>
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<tr>
<td>Children</td>
<td>Education</td>
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<tr>
<td>Grandchildren</td>
<td>Learning New Things</td>
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<tr>
<td>Health Issues</td>
<td>Parents Getting Older</td>
</tr>
<tr>
<td>Family Drama</td>
<td></td>
</tr>
</tbody>
</table>
KNOW THE WARNING SIGNS...

- Slow Down
- Sharp Curve Ahead
- Proceed with Caution
EMOTIONAL BAGGAGE...HOW IS YOURS PACKED?

Anger  Jealousy  Prejudice
Hate    Hurt     Frustrated
Mistreated  Unloved  Abused
Unwanted  ???
CHANGE HAPPENS WHETHER YOU WANT IT TO OR NOT...

Learn to accept change....
LIFE IS ONE BIG ROAD TRIP....

LEARN TO LIVE ....
THE BEST THINGS IN LIFE AREN’T REALLY THINGS AT ALL..
IT’S NOT WHERE YOU GO…IT’S WHO YOU HAVE BESIDE YOU!
OH THE FRIENDS YOU’LL MAKE ALONG THE WAY!
OH THE LIFE YOU CAN LEAD! TAKE CHANCES...
ENJOY THE RIDE...MAKE THE MOST OF EACH DAY!
AT THE END OF THE DAY...WHAT’S IMPORTANT TO YOU?
Life is a Highway

Make the Most of the Journey!